



CHRISTIAN MALFORD, SEAGRY AND SOMERFORDS' WALTER POWELL PRIMARY SCHOOLS

PSHE and Citizenship Policy

Approved by: Local Board

Adopted: May 2018

Due for review: 2021

PERSONAL, SOCIAL AND HEALTH EDUCATION (PSHE) AND CITIZENSHIP POLICY

Vision statement

A Christian values-led education that provides opportunities to enjoy 'life in all its fullness' through inspirational staff leading personalised learning, and encouraging aspirational pupils who have respect for themselves, others and their environment.

Rationale

PSHE education is a planned, developmental programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives now and in the future. As part of a whole-school approach, PSHE education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society. It prepares our pupils for the appropriate responsibilities and experiences of later life.

PSHE education can help schools to reduce or remove many of the barriers to learning experienced by pupils, significantly improving their capacity to learn and achieve. The PSHE education programme helps to promote our pupils' spiritual, moral, social and cultural (SMSC) development; their mental and physical development as pupils at home and in society; it impacts on their behaviour and safety. In addition, the learning provided through a comprehensive PSHE education provision is essential to safeguarding our pupils and ensures that we meet our statutory responsibility to promote pupils' wellbeing.

PSHE education equips pupils with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices and in achieving economic wellbeing. A critical component of PSHE education is providing opportunities for children and young people to reflect on and clarify their own values and attitudes and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

PSHE education contributes to personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the ability to work with others will help pupils to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives.

1. Context

The teaching of PSHE and Citizenship in our schools will be based on Christian values. The PSHE and Citizenship programme will reflect our schools' over-arching aims and supportive Christian ethos, where all are valued and encouraged, positive relationships are seen as important and there is a safe and secure school environment which is conducive to learning.

All are encouraged to promote the following values:

- Respect for others
- Respect for self
- Responsibility for their own actions
- Responsibility for their family, friends, school and wider community.

2. Aims of the PSHE and Citizenship programme

For children to:

Health & Wellbeing

- Know and understand what constitutes a healthy lifestyle.
- Know how to maintain physical, mental and emotional health and wellbeing.
- Be aware of safety issues, including how to respond in an emergency.
- Know how to manage change, including puberty, transition and loss.

Relationships

- Develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- Know how to recognise and manage emotions within a range of relationships.
- Know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help.
- Know how to respect equality and diversity in relationships.

Living in the Wider World

- Know the importance of responsible behaviours and actions.
- Be responsible and independent members of the school community.
- Be positive and active members of a democratic society.
- Know about the importance of respecting and protecting the environment.
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- Develop good relationships with other members of the school and the wider community.
- Know about where money comes from, keeping it safe and the importance of managing it effectively.
- Have a basic understanding of enterprise

3. Relationship to other policies

This policy should be read alongside the following policies:

- Sex and Relationships Education
- Drugs Education
- Anti-bullying
- Safeguarding and Child Protection
- Equality and diversity
- RE and Collective Worship
- Social Media and E-Safety
- British Values

The DfE have reinforced the need “to create and enforce a clear and rigorous expectation on all schools to promote the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs.”

4. Content and delivery of the programme

The PSHE and Citizenship programme helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

Topics and themes will be revisited bi-annually, taking account of the pupils’

development and needs and the rolling curriculum programme. This has been developed in conjunction with the National Curriculum guidelines for PSHE and Citizenship and the Science curriculum and guidance in the Wiltshire Healthy Schools Award manual.

PSHE and Citizenship is delivered within a whole school approach which includes:

- Discrete curriculum time using guidance from SEAL (Social and Emotional Aspects of Learning), DFE and other published resources e.g. "Health for Life"
- Teaching PSHE and Citizenship through and in other subjects/curriculum areas e.g. RE, PE and Drama
- Teaching elements of the PSHE and Citizenship curriculum through the statutory Science KS1 and KS2 curriculum
- Learning through PSHE and Citizenship activities and school events.
- Learning through Collective Worship time using guidance from school-based resources
- Learning through pastoral care and guidance, including circle time and story time.

The content of the PSHE and Citizenship programme, including learning outcomes, will include the following topics:

- Personal, Social and Health Education
- Sex and Relationships Education
- Drugs Education
- Healthy Eating
- Physical Activity – promoting well-being
- Emotional and Health well-being
- Physical and Social Environment
- Safeguarding and Child Protection
- Citizenship

The co-ordination, overall planning and delivery of the programme is the joint responsibility of all the staff.

A range of teaching strategies will be used to provide the breadth of effective learning opportunities outlined in the framework for all children.

These include:

- Active learning
- Enquiry and discussion exercised which involve the pupils' full participation
- Discussion forums
- End of topic summaries
- Circle time
- Visitors and visits
- Recording.

All members of staff are committed to delivering the PSHE and Citizenship programme.

5. Answering difficult questions

Sometimes an individual person will ask an explicit or difficult question in the classroom. Questions do not have to be answered directly and can be addressed later. We believe that individual teachers must use their skill and discretion in these situations and should refer to a member of the SLT if they are concerned.

Children occasionally make personal disclosures, either in class or to individual teachers. The School's policy on Safeguarding and Child Protection provides clear guidance for teachers on this matter and should be referred to in such cases. Child protection procedures must be followed when any disclosures are made.

6. Partnerships and use of External Organisations

We recognise the contribution that parents and carers make to the education of their child, most importantly by supporting their children at home. We aim to work in partnership with parents and carers at every opportunity in the best interest of the child.

Other agencies have much to offer in helping provide opportunities, when appropriate, for pupils' personal and social development. These include health professionals, local government, business and voluntary organisations. We will take full advantage of any appropriate assistance these agencies can provide to further enhance the delivery of the PSHEE+C curriculum. Careful consideration is given to the content, co-ordination and consistency of messages presented to the children and an outside organisation is only used to enhance the current programme, not to replace teacher led delivery.

7. Assessment

Assessment for PSHE will be carried out in a variety of ways including:

- Children's reflection
- Teacher's reflection. This will also be linked into key aspects such as bullying incidents, attendance and behaviour.

Teachers assess the children's work in PSHE and citizenship both by making informal judgements as they observe them during lessons and by doing formal assessments of their work, measured against the specific learning objectives set out in the Wiltshire Learn for Life Scheme. We have clear expectations of what the pupils will know, understand and be able to do at the end of each unit.

Parents will receive a statement of their child's progress on the personal and social development in their annual report. There will also be a chance to discuss development at parents meeting with their child's teacher. All teachers, teaching assistants, MDSA's and administrative staff are responsible for informing the teachers of notable points of personal and social development of pupils. It is the responsibility of individual teachers and the SENCo to identify pupils' progress which is well above or well below that which is expected. Activities will be planned to enable all pupils to learn and participate in the PSHE and Citizenship Curriculum.

8. Equality and Diversity

Our teaching will take into account the gender, age, ability, readiness and cultural backgrounds of the children to ensure that all pupils can fully access the curriculum.

9. Home School Agreement

Our ethos is clear on the contribution that the school, pupils and the parents are expected to make to ensure that we can function as an effective community.

10. Monitoring and evaluation of the Policy

The Curriculum Coordinator will monitor the impact of the programme, considering any relevant comments from recent OFSTED inspections, Wiltshire Healthy Schools Award accreditation or other evaluations. Teachers will be responsible for the implementation

of this policy. The Local Board will be involved in the monitoring and evaluation of this policy through reports and feedback to the Curriculum and Standards Committee.

11. Recording and reporting

Pupils' achievements will be reported annually to parents/carers via the individual school report. Our Schools are keen to recognise and promote pupils' achievements in a wide range of activities and events; including presentation of certificates in celebration assemblies and awards etc.

Policy review

This policy was agreed by the Local Board, Executive Principal and Staff on ... May 2018. It will be reviewed every three years by the Local Board and is due for review by May 2021.

Signed:..... Chair of Local Board